

ASX/Media Release

ATOS Wellness appoints two new directors

16 December 2008 – Singapore based ATOS Wellness Ltd (ASX:ATW) has appointed two non executive directors, Mr Frank Cannavo and Mr Jitto Arulampalam to its board with immediate effect.

Mr Frank Cannavo, a businessman with interests in the medical services, investment and mining also serves as executive director of ASX listed company Medic Vision Ltd (ASX:MVH) which specialises in the deployment of medical and surgical skills training utilising advanced simulation technology.

Mr Jitto Arulampalam has 10 years experience in corporate restructuring having served in Westpac bank from 1997 to 2004 where he assisted companies achieve better performance through improved goal setting and financial management. In 2006 he was hired by Newsnet as its CEO to assist in the successful restructuring of the company which resulted in a lucrative trade sale. He positioned Newsnet as a leading innovator in the messaging/telco space to be recognised by the Australian Financial Review MIS magazine as one of the "Top 25 global rising stars".

Ananda Rajah, the CEO of ATOS welcomes the two Melbourne based directors who he describes as excellent assets to the ATOS board.

Perth based Mr Giulio Cimetta has notified the board that he wishes to retire on 31 December 2008 due to work commitments while chairman Gordon Getley has indicated he would not seek re-election at the next AGM which will be held on 16 January 2009.

Ananda Rajah thanked both Mr Cimetta and Mr Getley for their many years of service on the ATW board.

For further information refer to www.atoswellness.com, www.bodycontours.com.sq and www.medec.com.au

Mr Ananda Rajah CEO Atos Wellness Ltd +65 6289 3111

Mobile: +65 9819 3375

About ATOS

ATOS is a well established business which has been operating in Singapore for 23 years. ATOS operates 12 exclusive wellness centres in Singapore, Malaysia and India and a wholesale and retail business for MEDEC and related products. 30% of the ATOS business is in retail product sales.

Mr Siva Ananda Rajah, the founder and director of ATOS was also the founder of Body Contours and has been the driving force behind the reverse takeover and restructure of MEDEC Ltd by ATOS.