

ASX RELEASE

23rd April 2009

APPOINTMENT OF EXECUTIVE CHAIRMAN

Atos Wellness Ltd (ASX Code: ATW) ("Company") is pleased to advise that Jitto Arulampalam has been appointed as Executive Chairman of the Board of Directors of the Company. This appointment reflects ATOS's continuing restructuring plan to streamline the business and position it for future growth.

Jitto has extensive corporate restructuring skills gained in several turnaround situations. Having spent more than 8 years with Westpac Banking Corporation from 1997 to 2004 in several key operational and strategic roles, Jitto was hired by Newsnet as its CEO in 2005 to assist in the successful restructuring of the company and to position it for an IPO. Jitto restructured and repositioned Newsnet as a leading innovator in the messaging/telco space to be recognised by the Australian Financial Review MIS magazine as one of the "Top 25 global rising stars" in 2006.

The appointment is immediate and the CEO, Ananda Rajah, said that "this appointment strengthens the current management team, which is strong in operational excellence, with complementary strategic and financial skill sets."

Jitto is based in Melbourne and is one of the Directors providing the Company with Board representation in the Eastern States.

Jitto Arulampalam Executive Chairman ATOS WELLNESS LTD +61 421 61 77 66 Ananda Rajah Director & Chief Executive Officer ATOS WELLNESS LTD +65 9289 3111

About ATOS

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ATOS is a well established business which has been operating in Singapore for 23 years. ATOS operates 12 exclusive wellness centres in Singapore, Malaysia and India and a wholesale and retail business for MEDEC and related products. 30% of the ATOS business is in retail product sales.

Ananda Rajah, the founder and director of ATOS was also the founder of Body Contours and has been the driving force behind the reverse takeover and restructure of MEDEC Ltd by ATOS.