

WELLNESS ACN 100 531 191

ASX Release

APPOINTMENT OF DIRECTORS AND RETIREMENT/RESIGNATION OF DIRECTORS

17 January 2011: Atos Wellness Ltd (ASX Code: ATW) ("Company") advises that Mr. Josef A. Plattner, Mr. Lloyd A. Halvorson and Mr. Mark Leong have been appointed to the Board of Directors following the resignation of Mr. Jitto Arulampalam, Mr. Frank Cannavo and Mr. Johnson Teh Chong Sian.

Mr. Josef A. Plattner has previously been a board member and CEO of the Company from 2003 to 2007 and is a director of various Atos Wellness Ltd subsidiaries. His good knowledge of the Company and its operations will contribute in the restructuring of the Company's business.

Mr. Lloyd A. Halvorson has previously been the Chief Financial Officer and Company Secretary of the Company from 2003 until his retirement in 2007. He is familiar with the Company and its operations and contributes extensive experience in financial management and corporate governance.

Mr. Mark Leong has held senior roles in public listed companies in Singapore and is currently the Deputy CEO of Singapore Spa and Wellness group Body Contours Pte Ltd. He is familiar with how the recent recession brought about by the financial crisis has adversely affected the Singapore subsidiaries and the Singapore Spa & Wellness market.

The new board will review the business of the Company and its subsidiaries together with Mr. Ananda Rajah and his management team and will present a new business plan as soon as practical. An early priority is the completion of the 2010 Annual Financial Report and holding the Annual General Meeting.

RETIREMENT/RESIGNATION OF DIRECTORS

The Company also advises that Mr Jitto Arulampalam, Mr. Frank Cannavo and Mr Johnson Teh Chong Sian decided to resign from the Board with immediate effect.

The new Board acknowledges the effort of the outgoing directors in restructuring the Company and thanks them for their contribution.

Mr. Ananda Rajah Chief Executive Officer ATOS WELLNESS LTD +65 6289 3111 (office) +65 9819 3375 (mobile)